



Dear friends,

Here is the program of the **Outdoor Xtrem tour Guatemala Honduras.**

For any further information, please contact us: contact@mayaexplor.com

Best regards.

Mayaexplor team.



14 days / 13 nights trip

2 days of hiking, the active volcano Pacaya, 1 day mountain bike tour, « canopy tour », jungle , rafting and kayaking .

Difficulty level: moderate

In Guatemala:

Visit Antigua. Observe the active volcano Pacaya. Discover Lake Atitlán "off the beaten path". Visit the most famous Indigenous market in Central America: Chichicastenango. Discover Tikal's archeological site. Experience a "canopy tour" in the jungle. By boat on the Río Dulce, enjoy tropical fauna and flora until reaching Livingston.

In Honduras:

In the Caribbean, experience rafting on the rio Cangrejal and canoe through the mangrove ... without missing Copan's archeological site.



THE PROGRAM

D1 sat

Arrival.

Reception at the airport. Spend the night in Antigua.



D2 sun

Antigua.

Discover Antigua, the splendid country's colonial jewel. Overnight in Antigua.



D3 mon

Pacaya volcano.

Departure in the early morning to the village of San Francisco De Sales and the Pacaya volcano. After a short one hour ascent, depending on the activity of this "strombolian" volcano, we observe eruptions or approach Pacaya's main crater. In the afternoon, departure to Panajachel (Lake Atitlán).



D4 tue

Trek Santa Cruz - San Juan.

By boat we reach Santa Cruz La Laguna. Then, we circle the lake by small trails, passing through the villages of Jaibalito, Tzununá, San Marcos and San Pablo. During the hike, we see the daily life of the Cakchiquel and Tzutuhil Indians. Spend the night in San Juan.



D5 wed

Santiago Atitlán.

We reach by boat Santiago Atitlán, a village rich in handicraft and traditional fabrics. There, we witness the ceremony of those who revere Maximón, a contemporary Mayan god. We cross Lake Atitlán to Panajachel and leave for Chichicastenango. Overnight in the village



D6 thur

Chichicastenango's market.

We visit one of the most beautiful Indian markets in Guatemala with its multi-colored Mayan textiles, flowers and fruits. In the afternoon, departure to Antigua.



D7 fri

Mountain bike

A one day's mountain bike tour to discover Antigua's surroundings! (difficulty level according to your wishes). Overnight in Antigua.



D8 sat

Tikal

Early in the morning, we fly to Flores and reach Tikal. Deep within the jungle, this immense Mayan metropolis holds the mysteries of a fascinating civilization. Overnight in Tikal!



D9 sun

Canopy tour.

Enjoy a one kilometer stroll in the air and observe birds, monkeys or other animals from the canopy of the jungle! In the afternoon, departure to Río Dulce.



D10 mon

Río Dulce.

By boat on the Río Dulce, we will enjoy tropical fauna until reaching Livingston, a Caribbean village and begin our trip through the Garifunas' coast. Native ethnic inhabitants, come from the fusion of African slaves, Caribe Indians and Arawak Indians. Then, by boat, we reach Puerto Barrios and leave for Tela (Honduras).



D11 tue

Rafting

Adrenalin on the Rio Cangrejal! Overnight in Tela, in front of the Caribbean.



JD12 wed

Kayak / canoe.

Discover mangrove forest by kayak / canoe. In the afternoon, departure to Copán. Overnight in the village.



D13 thu

Copán.

Visit of the archeological site and its museum. In the afternoon, departure to Guatemala City.



D14 fri

Flight back.



In D11 and D12, you can choose softer activities such as:

- D11: Excursion to Punta Sal National Park. You will sail to several beaches.
- D12: Excursion to Laguna de Los Micos National Park. You will explore the mangrove forest by motorized boat.



PROGRAM SUMMARY

D1	sat	Arrival
D2	sun	Antigua
D3	mon	Volcano Pacaya
D4	tue	Trek Santa Cruz - San Juan (lac Atitlán)
D5	wed	Santiago Atitlán -Chichicastenango
D6	thu	Chichicastenango -Quetzaltenango
D7	fri	VTT
D8	sat	Tikal
D9	sun	Canopy tour
D10	mon	Rio Dulce - Livingston
D11	tue	Rafting
D12	wed	Canoë/Kayak
D13	thur	Copán
D14	fri	Flight back

Prices (2010) in US \$, per person, double room accommodation, for groups of:

2	3	4	5	6	7
1,800	1,540	1,410	1,410	1,290	1,290

N.B.: prices are based on adults.Reductions for children under 12.

➤ **Prices include :**

- accommodation in 2 / 3 star hotels with american breakfasts;
- all transportation;
- the flight from Guatemala City to Flores;
- guide services for Pacaya volcano and Lake Atitlán hikes;
- Guide services and equipment during the mountain bike tour, the canopy tour, rafting and canoing.

➤ **Prices do not include :**

- international flights;
- airport taxes;
- other meals;
- drinks and personal expenses;
- sites entrance fees;
- taxes at the Honduran border;
- Insurance.

➤ **Additional costs, in US \$, (prices per person):**

- half board (dinners) : US \$ 200
- single room supplement: US \$ 290
- English speaking guide during the whole trip, for groups of :

2	3	4	5	6	7
+ 897	+ 598	+ 448	+ 359	+ 299	+ 256

- English speaking guide only in Tikal : US \$140 by day (price for the group)